

Peachtree Road Lutheran Preschool  
Breakfast/Snack Menu - August 2020

3 Ham and cheese sandwich	4 Scrambled eggs and toast	5 Yogurt and granola	6 Parmesan cheese grits Chicken sausage	7 Scrambled eggs and toast
Fruit and vegetables pouch Annies, cheese puffs	Corn chips Strawberry smoothie	Veggie straw Fruit juice	Gogurt Garbanzo puffs	Hummus and pitta bread
10 Scrambled eggs and toast	11 Cheddar cheese grits Sausage	12 Strawberry oatmeal	13 Scrambled eggs, ham and toast	14 Sweet potato pancake Fruit jelly
Fruit juice Veggie straw	Corn chips Strawberry banana smoothie	Fruit pouches String cheese	Yogurt and granola	Animal crackers Apple sauce
17 Parmesan cheese grits Sausage	18 Mixed berry oatmeal	19 Scrambled eggs and Toast	20 Ham and cheese sandwich	21 Scrambled eggs and toast
Veggie straw Fruit juice	Hummus and pitta bread	Fruit juice Ham and cheese sandwich	String cheese Rice and veggie crisps	Apple sauce Annie's Bunny grahams
24 Scrambled eggs, ham and toast	25 Banana Pancake Berry jelly	26 Scrambled eggs and toast	27 Mixed berries oatmeal	28 Cheese toast
Strawberry drinkable yogurt Corn chips	Fruit juice Veggie straw	String cheese Animal crackers	Gogurt Garbanzo puffs	Fruit and vegetables pouch Multigrain chips

31 Ham and cheese sandwich				
Banana smoothie Nature's path biscuits				

- Organic fresh fruit is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at [chefrogerio@live.com](mailto:chefrogerio@live.com)

By Executive Chef Rogerio Martins