

Peachtree Road Lutheran Preschool  
Lunch Menu - August 2020

3 Chicken breast Basmati Rice Broccoli	4 Italian meatballs Spaghetti Green peas	5 Pork tenderloin Parmesan cheese stone ground grits Mixed vegetables	6 Mexican lasagna Ground beef, beans, salsa, sour cream, queso quesadilla	7 Bratwurst Basmati rice Green beans
10 Penne pasta Alfredo sauce Chicken breast Peas	11 Mahi Mahi Quinoa Mixed vegetables	12 Chicken breast Roasted sweet potatoes Herbed quinoa	13 Shepherd's pie Corn on the cobb	14 Chicken tacos Pico, sour cream, cheese, black beans Guacamole
17 BBQ chicken Mashed potatoes Green beans	18 Spaghetti Meat sauce Broccoli	19 Lemon and pepper chicken Riced cauliflower with mixed vegetables Roasted potatoes	20 Beef tacos Pico, sour cream, cheese, black beans Guacamole	21 Chicken breast Penne with pesto Sweet corn
24 Turmeric turkey breast Wild rice Corn on the cobb	25 Pulled pork Parmesan cheese stone ground grits Green beans	26 Beef and lamb Meatloaf Basmati rice Sweet peas	27 Bratwurst Mashed potatoes Mixed vegetables	28 Chicken stroganoff Brown rice Sweet corn

31 Chicken quesadilla Mexican blend cheese Sour cream Black beans				
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- Organic fresh fruit and milk is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at [kitchen@myprlp.com](mailto:kitchen@myprlp.com)

By Executive Chef Rogerio Martins