

Peachtree Road Lutheran Preschool  
**Breakfast/Snack Menu - September 2020**

	1 Yogurt and granola	2 Scrambled eggs and toast	3 Parmesan cheese grits Chicken sausage	4 Scrambled eggs and toast
	Corn chips Strawberry smoothie	Veggie straw Fruit juice	Gogurt Garbanzo puffs	Hummus and pitta bread
7 LABOR DAY	8 Cheddar cheese grits Sausage	9 Strawberry oatmeal	10 Scrambled eggs, ham and toast	11 Sweet potato pancake Fruit jelly
	Corn chips Strawberry banana smoothie	Fruit pouches String cheese	Yogurt and granola	Animal crackers Apple sauce
14 Parmesan cheese grits Sausage	15 Mixed berry oatmeal	16 Scrambled eggs and Toast	17 Ham and cheese sandwich	18 Scrambled eggs and toast
Veggie straw Fruit juice	Hummus and pitta bread	Fruit juice Ham and cheese sandwich	String cheese Rice and veggie crisps	Apple sauce Cheese puffs
21 Scrambled eggs, ham and toast	22 Banana Pancake Berry jelly	23 Scrambled eggs and toast	24 Strawberries oatmeal	25 Cheese toast
Strawberry drinkable yogurt Corn chips	Fruit juice Veggie straw	String cheese Animal crackers	Gogurt Garbanzo puffs	Fruit and vegetables pouch Multigrain chips

28 Ham and cheese sandwich	29 Scrambled eggs and toast	30 Parmesan cheese grits Sausage		
Banana smoothie Nature's path biscuits	Yogurt and granola	Fruit juice Veggie straw		

- Organic fresh fruit and organic milk is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at [chefrogerio@live.com](mailto:chefrogerio@live.com)  
Rogerio Martins

By Executive Chef