

Peachtree Road Lutheran Preschool
Lunch Menu - September 2020

	<p style="text-align: center;">1 Italian meatballs Spaghetti Green peas</p>	<p style="text-align: center;">2 Pork tenderloin Parmesan cheese stone ground grits Mixed vegetables</p>	<p style="text-align: center;">3 Mexican lasagna Ground beef, beans, salsa, sour cream, queso quesadilla</p>	<p style="text-align: center;">4 Bratwurst Basmati rice Green beans</p>
<p style="text-align: center;">7 LABOR DAY</p>	<p style="text-align: center;">8 Mahi Mahi Quinoa Mixed vegetables</p>	<p style="text-align: center;">9 Chicken breast Roasted sweet potatoes Herbed quinoa</p>	<p style="text-align: center;">10 Shepherd's pie Corn on the cobb</p>	<p style="text-align: center;">11 Chicken tacos Pico, sour cream, cheese, black beans Guacamole</p>
<p style="text-align: center;">14 BBQ chicken Mashed potatoes Green beans</p>	<p style="text-align: center;">15 Spaghetti Meat sauce Broccoli</p>	<p style="text-align: center;">16 Lemon and pepper chicken Riced cauliflower with mixed vegetables Roasted potatoes</p>	<p style="text-align: center;">17 Beef tacos Pico, sour cream, cheese, black beans Guacamole</p>	<p style="text-align: center;">18 Chicken breast Penne with pesto Sweet corn</p>
<p style="text-align: center;">21 Turmeric turkey breast Wild rice Corn on the cobb</p>	<p style="text-align: center;">22 Pulled pork Parmesan cheese stone ground grits Green beans</p>	<p style="text-align: center;">23 Beef and lamb Meatloaf Basmati rice Sweet peas</p>	<p style="text-align: center;">24 Bratwurst Mashed potatoes Broccoli</p>	<p style="text-align: center;">25 Chicken stroganoff Brown rice Mixed vegetables</p>

<p>28 Chicken quesadilla Mexican blend cheese Sour cream Black beans</p>	<p>29 Chicken breast Basmati Rice Broccoli</p>	<p>30 Penne pasta Alfredo sauce Chicken breast Peas</p>		
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- Organic fresh fruit and milk is served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at kitchen@myprlp.com
Executive Chef Rogerio Martins

By