

Peachtree Road Lutheran Preschool  
Lunch Menu - July 2022

				1 Penne and meatballs Mixed vegetables
4 4 <sup>th</sup> of July	5 No school	6 Chicken breast Quinoa Mixed vegetables	7 Salmon Mashed potatoes Green beans	8 BURGERS HOTDOGS
11 Chicken breast Penne pasta Alfredo sauce Green peas	12 German sausage Quinoa Mixed vegetables	13 Mexican lasagna Green beans	14 Cod Loin Turmeric rice Green peas	15 BURGERS HOTDOGS
18 Spaghetti and meat sauce broccoli	19 BBQ Pulled pork Basmati rice Sweet corn chuckwagon	20 Chicken breast Orzo pesto Green peas	21 Italian sausage Quinoa Broccoli	22 BURGERS HOTDOGS
25 Chicken breast Basmati brown rice Mixed vegetables	26 Beef and lamb Meatloaf Roasted potatoes Sweet peas peas	27 Cod Loin Turmeric rice Green beans	28 Italian sausage Mashed sweet potatoes Broccoli	29 BURGERS HOTDOGS

- Organic fresh fruit and milk are served in every meal
- Kids with special diets will be served a different meal to fit their needs.
- Menu might change according to availability of items
- For questions and comments please contact me at [kitchen@myprlp.com](mailto:kitchen@myprlp.com)

By Executive Chef Rogerio Martins